

Fizzy Bath Salts

- 1 c. Epsom salt
- 1/2 c. baking soda
- 1/4 c. sea salt
- 1/4 c. citric acid
- 1 TBS fractionated coconut oil
- 10-15 drops essential oil (to your taste)

Mix very well, then spoon mixture into a lidded jar (makes 1.5 pints).
Sprinkle 1 pint (~1 c.) into a warm bath to enjoy a home spa experience.

Custom Recipes

Spa Day:

- 6 drops Lavender
- 6 drops Eucalyptus

Dream Soak:

- 6 drops Serenity
- 4 drops Copaiba
- 2 drops Vetiver

Moon Bath:

- 4 drops Copaiba
- 4 drops Geranium
- 4 drops Clary Sage
- 1 drops Ylang Ylang

Forest Bathing:

- 8 drops Cypress
- 4 drops Siberian or Balsam Fir
- 1 drops Guaiacwood
- 1 drops Rosemary

